

# Salina Swimming Invitational

Friday April 19, 2019

Warm-ups	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Session A 1:45- 2:15	Great Bend	Great Bend	Hays	Hays	Salina South	Salina Central
Session B 2:15- 2:45	Junction City	Junction City	Emporia	Emporia	Campus	Campus
Session C 2:45-3:15	Dodge City	Dodge City	Liberal	Liberal	McPherson	Holcomb

3:00 PM Coaches meeting - bring assistant coach/supervisor to oversee your team during warm-ups.

3:30 PM Swimming competition begins (No Diving Event)

Scoring: Championship scoring to Sixteen (16) places.

Medals: Medals will be given to the top four (4) places in each event, including relays.

Entries: Each team may enter three (3) contestants per individual event and three (3) official relay teams per relay event, only two relays per school may score. NO individual exhibition events.

- “D” Relays may be entered as exhibition, please mark them EX. No “D” relays in the 400 Free Relay.
- The 500 Freestyle will be limited to 8:30 entry times.

## Relays

- Please enter relay names ahead of time if possible. If relay names are not entered they must be submitted to the referee upon completion of the coaches’ meeting.
- In the event of injury or illness a swimmer in the “A” relay may be replaced with a “B” relay swimmer and the “B” swimmers position will be filled from alternate team members who have not exceeded the maximum number of allowable entries.
- A relay swimmer entered in the “A” relay may not compete in a “B” after the relay cards are due. This same format applies to the “B”/“C” relays since they are official entries for this invitational.

Entries must be received on or before **Wednesday April 17, 2019 by 6:00 PM**. All entries should be submitted in Team Manager format.

E-Mail entries to: **dawn.sheforgen@staff.usd305.com**  
School Phone = 785-309-3773  
Cell Phone = 785-342-6013

The meet will be held at the natatorium on Salina South High School’s campus: 730 E. Magnolia

- There will be minimal locker room space. Make sure to bring locks to secure items with.
- There will be limited spectator seating, so PLEASE KEEP TEAMS ON LOWER DECK AREA. No team members should be in the stands during swimming events. The stands get very slippery when wet, we want to avoid any possible injuries that could occur. All teams will be seated on the deck and/or balcony area.
- **NO BAGS OR FOOD ON THE POOL DECK.** *The gym will be available as a crash area for bags and athletes between events. There will also be some chairs set up on deck as well as in the balcony.*
- There will be a 15 minute break after the 50 yd freestyle. Hospitality for coaches and officials will be set up in the South Basketball concessions area. **NO warm down swims at the end of the meet. Please make sure your teams pick up after themselves.**