

GREAT BEND JV INVITATIONAL TRACK MEET

April 16 2019

1. Schedule of events included. ALL EVENTS WILL BE HELD AT THE HIGH SCHOOL.
2. Please make scratches & changes between 2:30 & 3:30. We will substitute, but not add entries.
3. Field events will begin @ 3:30. The javelin and pole vault events will start @ 2:30. We will allow three throws, three jumps. No prelims.
4. Running finals begin at 4:30. No prelims. You may enter up to 5 in each individual running event, unlimited field events, and 1 relay team. Scoring will be according to the rule book - (10-8-6-4-2-1 on individual events and 10-8-6-4-2 for relays).
5. Running events will be in heats – we will select places by best times.
6. Medals will be given for five places in all individual events, three in the relays.
7. The track is rubber. Use only 1/8” spikes on track runways. Discus and shot put rings are concrete, javelin is grass.
8. Blocks will be furnished.
9. Please come dressed in uniforms.
10. Entry fee: \$40 per team (\$80 for both boys and girls).
11. Schools participating: Great Bend, Dodge City, Garden City, Hays, Hutchinson, Liberal, Pratt
12. Please keep tents outside of the track area. Please keep athletes in the stands if they are not competing. Please pick up your trash before leaving
13. PLEASE NOTE THE GIRLS 3200 WILL BE RUN AT 4:00

ENTRY INFORMATION

LINK: www.athletic.net

Meet Name: Great Bend HS JV Meet

Entries are due by 8:00 PM on April 14th

e-mail questions to PAUL MARSHALL @ pmarshall57@cox.net
or call him @ 620-792-9665.

SCHEDULE OF EVENTS ON THE FOLLOWING PAGE

Schedule of Events:

- GREAT BEND JV INVITATIONAL 4/16/19

2:30 PM Scratch Meeting Running event changes at the east concession stand, field events at the site
B/G Javelin ****Boys Javelin followed by Girls Javelin behind the west Stadium**
B/G Pole Vault **** Girls Pole Vault followed by Boys Pole Vault (bring verification sheet)**

3:30 PM Field Events: Boys High Jump followed by Girls High Jump
Girls Discus followed by Boys Discus (NW corner of FB practice field)
Boys Long Jump followed by Triple Jump (west pit)
Girls Long Jump followed by Triple Jump (east pit)
Boys Shot, followed by Girls Shot

4:00 PM Girls 3200M Run

4:30 PM Girls 4x800 Relay
Boys 4x800 Relay
Girls 100M Hurdles
Boys 110M Hurdles
Girls 100M Dash
Boys 100M Dash
Girls 1600M Run
Boys 1600M Run
Girls 4x100M Relay
Boys 4x100M Relay
Girls 400M Dash
Boys 400M Dash
Girls 300M Hurdles
Boys 300M Hurdles
Girls 800M Run
Boys 800M Run
Girls 200M Dash
Boys 200M Dash
Girls 3200M Run
Boys 3200M Run
Girls 4x400 Relay
Boys 4x400 Relay